

**Grade : 1**

**Theme: 1      We and the School**

Intervention Point      :

- The following activities could be done during 1.2 in Environmental Related Activities lesson.
- Introduce “Good Morning” when they visit the other classes.
- Use a picture of a school to introduce the vocabulary “ classroom, office, toilet and canteen” when the teacher teaches 1.2 in Environmental Related Activities lesson.

Materials needed      : Theme Picture  
   A small ball

Activity 1 : Song :      “ Good morning to you .....”

Good morning to you.  
Good morning to you.  
Good morning dear teacher.  
Good morning to you.

Activity 2 : Game :      “Roll the Ball”

Procedure      :

- Get the participants to sit in a circle and the teacher stands in the middle.
- Pass the ball to a participant, first introduce yourself; and then ask the question;
- “ I’m .....” ( name )      “ What’s your name?”
- Get the participant to answer,  
   “ I’m .....”
- Get he/she to pass the ball to another participant, and ask, “ What’s your name?”
- Get the participant who receives the ball to answer.  
   “ I’m .....”
- Continue in the same way, getting all the participants to speak.

Activity 3      :      “ Jump up”

Procedure      :

- Show the participants the theme picture and ask “ What’s this?” [Demonstrate the instructions]
- Elicit the word “school” in mother tongue and give them the word in English.
- Point to different places in the picture and get the participants to identify them.
- Point to a place in the picture and say the word.
- If the picture matches the word, participants jump up.
- If the picture does not match the word, participants do not jump up.

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**Theme: 2      Our Home**

Intervention Point :

- The following activities can be done during 2.1 in Environmental Related Activities lesson.
- When the participants talk about members of the family in their mother tongue, teacher can introduce the English words.
- Draw a picture of a family on the blackboard and introduce the family members in English.
- Get the participants to repeat after the teacher.

Materials needed:                      Picture cards of family members( father, mother, brother, sister)  
for every participant  
Pins for every participant

Activity 1 :    Song    : “ Good morning dear father …..”

1. Good morning dear father, dear father,  
    dear father.  
    Good morning dear father,  
    Good morning to you.
2. Good morning dear mother, dear mother,  
    dear mother.  
    Good morning dear mother,  
    Good morning to you.
3. Good morning dear brother, dear brother,  
    dear brother.  
    Good morning dear brother,  
    Good morning to you.
4. Good morning dear sister, dear sister,  
    dear sister.  
    Good morning dear sister,  
    Good morning to you.

Activity 2 :    Game    :        “ Changing Seats”

Procedure    :

- Put chairs in a circle, for every participant.
- Teacher plays the role of the leader, stands in the middle whilst the participants sit on the chairs around.
- Mix all the picture cards of mother, father, sister and brother.
- Distribute each one a card and a pin.
- Get them to wear it on their dresses.
- Say that they play the role of the person in his / her card.
- Explain them that they are going to play “ Changing Seats” game.
- Say for example : “ All fathers change your places” and get all the participants who wear the picture cards of the father, change their places.
- At the same time teacher sits down on one of the chairs when the participants change their places, thus a participant will lose the place and become the leader.
- This participant continues the game in the same way.
- Do the game several times.

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**Theme: 3      Animals that come into the garden**

Intervention Point      :

- The following activities could be done during 3.1 in Environmental Related Activities lesson.
- Get the participants to talk in their mother tongue about the animals that come into the school garden and to the home garden.

Materials needed:      Theme Picture  
                                 Pictures of a dog, a cat, a cow, a crow, a butterfly, a cock and a hen

Activity 1 :      Song      :      “ In my garden …..”

- |  |   |
|--|---|
| 1. In my garden I see a cow.<br>Moo – moo, moo<br>Good morning cow.          | 3. In my garden I see a bird.<br>Cheep – cheep, cheep – cheep,<br>A beautiful bird.   |
| 2. In my garden I see a hen.<br>Cock – cock, cock – cock,<br>This is my hen. | 4. In my garden I see a butterfly.<br>Flap – flap, flap – flap,<br>Shhh, a butterfly. |

Activity 2      :      “ Listen and Point”

Procedure      :

- Show the participants the pictures of animals one by one and get them to say the word.
- Stick the pictures at different places on the wall.
- Say a name of an animal and get the participants to point to the correct picture.
- Get the participants to point to all the pictures of the animals on the wall by pronouncing the words.
- Say a name of an animal and get the individuals to point to the correct picture.
- If the participant has difficulties , get the others to help.
- Continue in the same way, calling up different participants for each picture.

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**Theme: 4 Games / Activities with water**

Intervention Point :

- The following activities could be done during 4.4 in Environmental Related Activities lesson.
- When the teacher and the participants talk about the uses of water(in mother tongue), talk about the games / activities associated with water, introduce the following words : “ swim, wash, bathe, jump and play ”
- Use a theme picture to introduce the action.

Activity 1 : Song : “ Swim, swim, swim together …..”

Swim, swim, swim together ///  
All in the water.

Wash, wash, wash together ///  
All in the water.

Bathe, bathe, bathe together ///  
All in the water.

Jump, jump, jump together ///  
All in the water.

Play, Play, Play together ///  
All in the water.

Activity 2 : Game : “ Simon Says”

Procedure :

- Demonstrate the instructions to the game “ Simon Says”.
- If the instruction is “ Simon says, drink some water” the participants should mime drinking.
- If it is only “ Drink some water” they should not do anything
- If any participant does not follow instructions then he / she will be out.
- Get them to come to the front and help the teacher look for other participants who make mistakes.
- Continue the game until a small number of participants are left.
- Announce that the participants who are left as the winners.

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**Theme: 5 Sinhala and Hindu New Year period**

Intervention Point :

- The following activities could be done during 5.2 in Environmental Related Activities lesson.
- When they discuss in mother tongue about the rituals of the new year festival, talk about the new clothes we get. Talk about the new clothes we get when discussing about rituals of the new year festivals. (in mother tongue)
- Introduce the following vocabulary items using a theme picture which shows all the family members in new clothes. “ Saree, Shirt, Frock, Shorts”
- Introduce the food items when they discuss about the food they prepare for the Sinhala and Hindu New Year.

Materials needed: Theme Picture of a family new clothes and with food items  
Picture cards of food items  
A bag to put picture cards

Activity 1 : Song : “ Mother has a ....”

Mother has a new saree, a new saree, a red saree.  
Mother has a new saree, Happy New Year !

Father has a new shirt, a new shirt, a green shirt,  
Father has a new shirt, Happy New year !

Sister has a new frock, a new frock, a yellow frock,  
Sister has a new frock, Happy New year !

Brother has some new shorts, new shorts, blue shorts,  
Brother has some new shorts, Happy New Year !

Activity 2 : Game : “ Passing the bag”

Procedure :

- Get the participants to stand in a circle.
- Explain them that a bag containing picture cards of food items is passed around the circle while music is played.
- Play the music and get them to pass the bag.
- When the teacher stops music the participant with the bag should pick a picture card out of the bag and say the word.
- If a participant is unable to say the word correctly he / she will be out.
- Continue the game until every member gets a chance to say the words.

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**Theme: 6      The sky we see**

Intervention Point :

- The following activities could be done during 6.1 and 6.2 in Environmental Related Activities lesson.
- Elicit relevant words to the sky(during day time and night) when discussing the theme.
- Introduce the words in English by drawing the moon, three stars, the sun and three clouds on the blackboard while singing the song.
- Use a coloured copy of a theme picture to introduce the words relevant to 6.1 and 6.2 in Environmental Related Activities lesson and at the same time the teacher can introduce few colours.

Materials needed :                      :Theme Picture (Coloured copy)  
A ball

Activity 1 : Song : “ I see the moon .....

I see the moon, the moon sees me.  
I see the stars, one two three.

I see the sun, the sun sees me.  
I see the clouds, one two three.

Activity 2 : Game : “Pass the ball”

Procedure :

- Get the participants to stand in a circle and the teacher stands in the middle.
- Get them to say the colour when the teacher asks questions (if needed use the mother tongue)
- Pass the ball to a participant and ask, “ What colour is the sky?”
- Get the participants to answer, “ It’s .....
- Ask the participant to pass the ball back to the teacher.
- Pass the ball to another participant asking another question eg. “ What colour is the moon?”
- Continue the game till all the participants participate in the game

Activity 3 : Listen, Draw and Colour

Procedure :

- Get the participants to listen to the teacher and draw the following pictures.  
A cloud, the sun, the moon, a star, a bird and an aeroplane.
- Give the following instructions one by one and get the participants to colour the pictures.  
“ Colour the star yellow”                      “ Colour the moon yellow”  
“ Colour the sun red”                              “ Colour the bird red”  
“ Colour the cloud white”                      “ Colour the aeroplane blue”
- Get them to hold up and show the pictures when the teacher asks them to show one by one.  
e.g.                      “ Show me the yellow stars”

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**Theme: 7 Things we eat and drink**

Intervention point: The following activities could be done during 7.1

Use the theme picture and introduce the names of food.

Materials needed: Adequate number of pictures of different fruit. (eg. If there are 24 in the class, there should be four pictures from each fruit).

Activity 1 : Game : “Fruit Salad”

Procedure :

- Tell the participants that they are going to play a game.
- Ask the participants to form a circle.
- Distribute pictures among them.
- Tell them when the teacher calls out a name of a fruit the persons who have the picture of that fruit should change their places
- Say, “Mangoes” and see whether the participants who have got the picture (mangoes) change their places.
- You can say two words together if possible. Eg. Mangoes and pineapple. Then the participants who hold the pictures of mangoes and pineapple will have to move.
- Say “fruit salad” – make sure that everybody changes places (but not to the next seat).

Note: This activity could be done best outside the classroom.

Activity 2 : Song: “I like curry .....

Tell the participants that they are going to sing a song about what they like to eat. (If necessary use MT)

- As you sing the song use the theme picture / pictures you have used in the game to convey the meaning.
- As you sing point to the relevant picture to convey the meaning of the words (food items)

(A) I like curry and I like rice.  
I like fish and I like rice.  
I like curry and fish with rice//.

I like eggs and I like rice.  
I like meat and I like rice  
I like eggs and meat with rice//.

(B) I drink milk in the morning.  
I drink milk in the morning  
I drink milk in the morning  
And then I go to school.

I drink tea in the morning  
I drink tea in the morning  
I drink tea in the morning  
And then I go to school.

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**Theme : 8    How information is received.**

Intervention point:    The following activities could be done during 8.1 and 8:2

Materials needed:    Theme picture 8

Activity 1:    Song :

- Get the participants stand in a circle.
- Tell them that they are going to sing a song.
- Say “Let’s sing the song”

I’m Chithra ///

What’s your name?

- You can use your name when you sing the song(and get the participants to use their names when they sing)
- Continue singing till everybody gets a chance.

Activity 2:    Listen and do

Procedure:

- Use the theme picture to introduce the words – Elicit the words.
- Explain the participants that when you say a word, eg, “telephone” they should think about the sense organ they use for that object. (If necessary use MT)
- Tell the participants that they have to point to the relevant sense organ and name it in English. (If necessary use MT)
- Say “telephone” and get participants to touch their mouth and ears and say in English “mouth and ears”
- Continue the activity using “television - eyes and ears”  
“radio - ears”  
“newspaper - eyes”  
“letter - mouth and eyes” (one after the other)
- Try saying the words in any order until the participants are familiar with all the words.



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**Theme: 9      Changes in the environment**

Intervention point:    The following activities could be done during 9.1

- Trainer talks about the things thrown about on the floor using the theme picture or else  
  talk about the things thrown about in the class.
- Introduce the words using the theme picture or using to realia – bits of food, bits of paper, dustbin, -
- Discuss with the participants why they have to keep the classroom clean.
- Say ‘Let’s sing a song.’ Use actions where necessary to convey meaning.

Activity 1 :    Song :      “Bits of paper”

(a)    Bits of paper, bits of paper,  
      On the floor, on the floor,  
      Take the broom and sweep them //  
      Out the door, out the door.

      Bits of food, bits of food,  
      On the floor, on the floor  
      Take the broom and sweep them //  
      Out the door, out the door.

Activity 2 :    Guessing game:

Procedure :

- Introduce things thrown about on the floor of the classroom either using the theme pictures or realia. Eg. a book, a chair, an eraser, a dustbin, bits of paper, bits of food
- Trainer selects an object from the theme picture without showing the participants
- Get the participants to guess what it is .
- Encourage them to use the structure, “ It’s .....(a book/an eraser)”

Variation :    This could be done using flash cards too.

- \* Trainer distributes some flash cards.
- \* When the trainer names the object the participants show the picture and repeat the word.

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**Theme : 10 Likes and dislikes**

Intervention point: These activities could be done during 10.1

- Trainer talks about the places of the school they like and the people they like.
- Then trainer introduces some words eg. classroom, playground, school garden.
- Trainer says, “Let’s sing a song”

Activity 1: Song “ I like the classroom ………”

I like the classroom, the classroom the classroom  
I like the classroom  
And the teacher too.

I like the playground, playground, playground,  
I like the playground,  
And the friends too

I like the garden, garden, garden  
I like the garden  
And the trees too.

Activity 2: Pass the ball

Procedure :

- Get the participants to stand in a circle. Trainer stands in the middle with a ball
- Pass the ball to one of the participants saying  
e.g. I like the garden
- The person who gets the ball makes a similar sentence and passes the ball to another
- Continue the game until everybody gets a chance

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**Theme: 11 How we get our things**

Intervention point: These activities could be done during 11.2

Activity 1: Song

- Trainer introduces some of the words using the theme picture/realia.
- Then the trainer sings the following song. First the trainer plays the role of a salesman and ask the participants to play the role of customers.
  1. “Can I have a bottle please, a bottle please, a bottle please?  
Can I have a balloon please”  
“ Yes, Here you are’
  2. “Can I have a bag please?”
  3. Can I have a doll please?
- Divide the class into two groups and get them to play the role of salesman and the customer while singing

Activity 2: A memory game.

- Trainer keeps about 8 objects in a tray and shows the participants for some time.
- Then trainer takes one object out and get them to guess the missing object
- Continue this process until all the objects are taken away.

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**Theme: 12 Transport**

Intervention point: The following songs could be sung during 12.3 and 12.4

- Tell the participants that they are going to sing a song about some of the vehicles in the theme picture. (If necessary use MT)
- As you sing convey the meanings of 'I', 'You' and 'We' and point to the vehicles in the theme picture.

Activity 1: Song "I see a ....."

I see a car  
You see a car  
Beep, Beep, Beep  
We see a car

I see a bus  
You see a bus  
Brroom, brroom,brroom  
We see a bus

I see a train  
You see a train  
Puff, puff, puff  
We see a train

Activity 2: Song

- a) A van and the bus go  
On the road, on the road, on the road,  
A van and the bus go on the road  
A boat goes on the water.

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**Theme : 13 Play with light**

Intervention point: The following activities could be done during 13.1 and 13.2

Activity 1 A game: Traffic Light

Procedure :

- Explain the participants the difference between walking in the dark and walking during the day time.
- Ask the participants to mime the action(holds a torch / a lamp) when you say. It is dark / It is night. (If necessary use MT)
- Tell them when you say “It is day / They have to walk.
- Use words “Stop” ‘Go” when you do the game.
- This game is best done outside the classroom.

Activity 2 : A song:

- Tell the participants that the following song describes the way we walk while doing the game. Use the theme picture to convey the meanings of ‘day / light’ and ‘dark / night’  
The day is light .....

The day is light  
The sun is hot  
I run around  
And play a lot

The night is dark  
The moon comes out  
I take my torch  
When I go out

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**Theme :14**

**Places where people work**

Intervention point: The following activities could be done during 14.1

Material needed: Picture cards (6 cards of a farmer, a teacher, a doctor, a nurse, a postman, a driver)

Activity 1: Pass the bag

Procedure :

- Use the theme picture to introduce a farmer, a teacher, a doctor, a nurse, a postman and a driver.
- Get the participants to form a circle.
- Explain the participants that there are 6 pictures in the bag and the bag is going to be passed round the circle.
- Ask them to say the 6 words as they pass the bag.
- Tell them when they have finished saying the words the participant who has the bag will have to take a card and say the relevant word.
- Ask him/her to put the card back into the bag and continue the game.
- Do the game once / twice slowly to give the participants a clear idea of the game.

A song:

“The farmer .....”  
The farmer sows the seeds//  
Hey ho the dairy o’  
The farmer sows the seeds.

The farmer cuts the grain//  
Hey ho the dairy o’  
The farmer cuts the grain.

- As you sing the song use the theme picture / mime the action to convey the meaning.

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**Theme : 15 Different places in the environment**

Intervention point: These activities could be done in 15.1

Materials needed Theme picture

Activity 1 Game: True / false

Procedure :

- Fix the enlarged theme picture in the class.
- Divide the class into two; A and B.
- Get two participants from each group and get them to say 'true' or 'false' to what teacher says by looking at the theme picture.
- Eg. There are two mango trees – 'true'. If the students respond correctly their team gets a mark. (1<sup>st</sup> to say will get 1 mark and the 2<sup>nd</sup> will get a ½ mark. Those who miss will not get marks.)
- Do the same way till you feel that the participants are through with the vocabulary.

Activity 2: Listen and do

- Tell the participants that they are going to draw a garden (MT)
- Teacher gets the participants to listen and draw.
- Teacher says the following sentences.
  1. There are 2 papaw trees
  2. There is a mango tree.
  3. There is a house.
  4. There are 3 sun flowers.

Activity 3: Describe my picture.

Procedure :

- Get the participants to sit in pairs.
- Ask them to produce one utterance about their own picture to the friend.  
Eg. There is a mango tree.

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**Theme: 16 People who help us.**

Intervention point: The following activities could be done during 16.1

Activity 1. Game: Pass the ball

Procedure :

- This game gives the opportunity for the participants to use the expression “Thank you”
- Ask the participants to stand in a circle.
- Teacher passes the ball to participants at random.
- When a participant catches the ball teacher can say –‘very good’ ‘well done’
- When the participant returns the ball to the teacher, teacher says ‘Thank you’
- Get the participants to play the role of the teacher and continue, using the above vocabulary.

Activity 2. Song: (Act out)

Procedure :

- Teacher acts like a blind person and sings the following lines.  
I can't see //  
Can you help me //  
I can't see
- Teacher gets a participant to volunteer to help the blind person.(Teacher)
- Then the teacher sings the rest of the song.  
  
Thank you very much //  
Let's go home //
- Now the teacher can give roles to the participants as a blind person and the helper and let them act out while singing.